

| 检查项目表 | | | 标准 | 生活习惯 | 防癌 | 一日豪华 | 豪华 | PET/CT 豪华 | |
|-------------|--|--|----------------------|------|----|------|----|-----------|---|
| 一般检查 | 身体测量 | 测量身高、体重、BMI、腰围、肥胖度、血压 | ● | ● | ● | ● | ● | ● | |
| | | 听力（1000Hz・4000Hz） | ● | ● | ● | ● | ● | ● | |
| | 眼科 | 眼底检查、眼压检查 | ● | ● | ● | ● | ● | ● | |
| | | 视力 | ● | ● | ● | ● | ● | ● | |
| | 胸部 | 心电图检查（安静时） | ● | ● | ● | ● | ● | ● | |
| 动脉硬化 | 肺功能检查 | ● | ● | ● | ● | ● | ● | | |
| | | 血压脉搏波差（脉搏波传导速度、上下肢血压比） | | ● | | ● | ● | ● | |
| 图像检查 | 头部 | 头部磁共振成像（MRI） | | ● | | ● | ● | ● | |
| | | 头部磁共振血管成像（MRA） | | ● | | ● | ● | ● | |
| | 颈部 | 颈动脉超声波 | | ● | | ● | ● | ● | |
| | | 颈部磁共振血管成像（MRA） | | ● | | ● | ● | ● | |
| | 甲状腺 | 甲状腺超声波 | | ● | ● | ● | ● | ● | |
| | 胸部 | 胸部X射线（直接摄影） | ● | ● | ● | ● | ● | ● | |
| | | 胸部CT | | | ● | ● | ● | ● | |
| | | 心脏超声波 | | | | ● | ● | ● | |
| | 腹部 | 腹部超声波（肝脏、胆囊、胰腺、脾脏、肾脏、腹主动脉） | | ● | ● | ● | ● | ● | ● |
| | | 腹部CT | | | | | ● | ● | ● |
| | | 内脏脂肪CT | | | ● | | ● | ● | ● |
| | | 肝硬度测定 | | | ● | ● | ● | ● | ● |
| | | 前列腺超声波（仅限男性） | | ● | ● | ● | ● | ● | ● |
| | 上消化道 | 上消化道内窥镜（经鼻） | | ● | | ● | ● | ● | |
| | 妇科检查 | 乳房 | 乳房X光摄影（两侧各2方向）（仅限女性） | 选择 | ● | ● | ● | ● | ● |
| 乳腺超声波（仅限女性） | | | ● | | ● | ● | ● | ● | |
| | 子宫 | 阴道超声波（仅限女性） | | ● | ● | ● | ● | ● | |
| 骨密度 | 骨密度测定（DEXA法） | | | ● | | ● | ● | ● | |
| 血液检查 | 血液常规 | 红细胞数、血红蛋白量、血细胞比容 | | ● | ● | ● | ● | ● | |
| | | 白细胞 | | ● | ● | ● | ● | ● | |
| | | 血小板 | | ● | ● | ● | ● | ● | |
| | | 血液像 | | ● | ● | ● | ● | ● | |
| | | 平均红细胞容积、平均红细胞血红蛋白量、平均红细胞血红蛋白浓度 | | ● | ● | ● | ● | ● | |
| | 肝功能 | AST（GOT）・ALT（GPT）・ γ -GTP | | ● | ● | ● | ● | ● | |
| | | ALP | | ● | ● | ● | ● | ● | |
| | | TP（总蛋白）・总胆红素・白蛋白 | | ● | ● | ● | ● | ● | |
| | | A/G比・LDH・ChE | | ● | ● | ● | ● | ● | |
| | 胰功能 | 脂肪酶、淀粉酶 | | ● | ● | ● | ● | ● | |
| | 肾功能 | 尿素氮（BUN）、肌酐、eGFR | | ● | ● | ● | ● | ● | |
| | | 尿酸（UA） | | ● | ● | ● | ● | ● | |
| | 糖代谢 | 空腹时血糖 | | ● | ● | ● | ● | ● | |
| | | HbA1c | | ● | ● | ● | ● | ● | |
| | 脂质 | 总胆固醇、TG（甘油三酯）、LDL胆固醇、HDL胆固醇、non-HDL胆固醇 | | ● | ● | ● | ● | ● | |
| | 炎症反应 | CRP | | ● | ● | ● | ● | ● | |
| | 免疫相关 | ASO | | | | | ● | ● | |
| | | RF | | | ● | | ● | ● | |
| | | β 2MG | | | | | ● | ● | |
| | 贫血 | 血清铁（Fe） | | ● | ● | ● | ● | ● | |
| | 矿物・电解质 | 钙（Ca）、无机磷（IP）、Na・CL、K | | ● | ● | ● | ● | ● | |
| | 其他 | CPK | | ● | ● | ● | ● | ● | |
| | | 脂联素 | | | ● | | ● | ● | |
| | 胃癌风险 | 幽门螺杆菌抗体 | | ● | ● | ● | ● | ● | |
| | | 胃蛋白酶原 | | | | ● | ● | ● | |
| | 梅毒 | RPR定性、CLEIA法 | | ● | ● | ● | ● | ● | |
| | 肝炎病毒 | HBs抗原 | | ● | ● | ● | ● | ● | |
| | | HBs抗体 | | ● | ● | ● | ● | ● | |
| | | HCV抗体 | | ● | ● | ● | ● | ● | |
| | 传染病检查 | HIV抗体 | | | | | ● | ● | |
| 肿瘤标志物 | AFP・CEA・CA19-9 | | ● | ● | ● | ● | ● | | |
| | PSA（仅限男性） | | ● | ● | ● | ● | ● | | |
| | CA125（仅限女性） | | ● | ● | ● | ● | ● | | |
| | NSE、CYFRA、ProGRP、SCC、DUPAN-2、PIVKA-II、抗P53抗体 | | | | ● | ● | ● | | |
| 内分泌相关 | 糖代谢 | 胰岛素、HOMA-R | | ● | | ● | ● | | |
| | 甲状腺 | FT4、TSH | | ● | | ● | ● | | |
| | 心脏 | NT-proBNP | | | | ● | ● | | |
| 风险预测标志物 | PTX-3、氨基指数（男性5种） | | | | | ● | ● | | |
| | PTX-3、氨基指数（女性6种） | | | | | ● | ● | | |
| 尿检 | 一般定性 | 蛋白・糖・潜血・尿胆素・PH・比重 | ● | ● | ● | ● | ● | | |
| | 沉淀物（沈渣） | | ● | ● | ● | ● | ● | | |
| 下消化道 | 便潜血（2日法） | | ● | ● | ● | ● | ● | | |
| 细胞学诊断 | 呼吸系统 | 喀痰细胞检查 | | | | ● | ● | | |
| | 子宫 | 子宫颈细胞检查（仅限女性） | ● | ● | ● | ● | ● | | |
| | | 子宫内膜细胞检查（仅限女性） | | | | ● | ● | | |
| | | 人乳头瘤病毒检查（HPV）（仅限女性） | | | ● | ● | ● | | |
| 其他 | 体成分测量 | 肌肉・脂肪量 | | | | ● | | | |
| 问诊・内科诊疗 | | | ● | ● | ● | ● | ● | | |